



ENTRAINEMENT D'ÉTÉ - MAI/JUIN 2019

	IN LINE HOCKEY - HALLE PATINOIRE	PREPARATION PHYSIQUE / MANIEMENT / COORDINATION	IN LINE HOCKEY - HALLE PATINOIRE	IN LINE HOCKEY - HALLE PATINOIRE	PREPARATION PHYSIQUE / MANIEMENT / COORDINATION
EQUIPES	LUNDI 13.5.19	MERCREDI 15.5.19	JEUDI 16.5.19	LUNDI 20.5.19	MERCREDI 22.5.19
U20 (2002-2001-2000)		19.15 - 21.15		19.00 - 20.00	19.15 - 21.15
U17 (2004-2003)		19.15 - 21.15		19.00 - 20.00	19.15 - 21.15
U15 (2006-2005)		17.15 - 19.15		18.00 - 19.00	17.15 - 19.15
U13 (2008-2007)		17.15 - 19.15		18.00 - 19.00	17.15 - 19.15
U11 (2010-2009)		15.15 - 17.15		18.00 - 19.00	15.15 - 17.15
U9 (2012-2011)		15.15 - 17.15			15.15 - 17.15



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EQUIPES	JEUDI 23.5.19	LUNDI 27.5.10	MERCREDI 29.5.19	JEUDI 30.5.19	LUNDI 3.6.19
U20 (2002-2001-2000)	19.00 - 20.30	19.00 - 20.00	19.15 - 21.15		19.00 - 20.00
U17 (2004-2003)	19.00 - 20.30	19.00 - 20.00	19.15 - 21.15		19.00 - 20.00
U15 (2006-2005)	19.00 - 20.30	18.00 - 19.00	17.15 - 19.15		18.00 - 19.00
U13 (2008-2007)	18.00 - 19.00	18.00 - 19.00	17.15 - 19.15		18.00 - 19.00
U11 (2010-2009)	18.00 - 19.00	18.00 - 19.00	15.15 - 17.15		18.00 - 19.00
U9 (2012-2011)	18.00 - 19.00		15.15 - 17.15		



EQUIPES	PREPARATION PHYSIQUE / MANIEMENT / COORDINATION	IN LINE HOCKEY - HALLE PATINOIRE	IN LINE HOCKEY - HALLE PATINOIRE	PREPARATION PHYSIQUE / MANIEMENT / COORDINATION	IN LINE HOCKEY - HALLE PATINOIRE
	MERCREDI 5.6.19	JEUDI 6.6.19	LUNDI 10.6.19	MERCREDI 12.6.19	JEUDI 13.6.19
U20 (2002-2001-2000)	19.15 - 21.15	19.00 - 20.30		19.15 - 21.15	19.00 - 20.30
U17 (2004-2003)	19.15 - 21.15	19.00 - 20.30		19.15 - 21.15	19.00 - 20.30
U15 (2006-2005)	17.15 - 19.15	19.00 - 20.30		17.15 - 19.15	19.00 - 20.30
U13 (2008-2007)	17.15 - 19.15	18.00 - 19.00		17.15 - 19.15	18.00 - 19.00
U11 (2010-2009)	15.15 - 17.15	18.00 - 19.00		15.15 - 17.15	18.00 - 19.00
U9 (2012-2011)	15.15 - 17.15	18.00 - 19.00		15.15 - 17.15	18.00 - 19.00